

# Lady Falcon Soccer

## Player Expectations

*Attitude is Everything*

The goal of the Lady Falcon Soccer Program is to allow our student athletes the opportunity to develop a better understanding of the value of discipline, work ethic, dedication, and teamwork. A “team first” mentality will be emphasized and players and coaches are expected to represent our program with pride.

### **1. General Behavior, Expectations, and Responsibilities**

- a.** Be on time for classes. Follow the Student Code of Conduct and dress code policy. Be a leader in the building by setting good examples for other students.
- b.** Academics come first. No Pass, No Play. The athletes are responsible for taking care of their grades on their time, not during practice time.
- c.** Do not be late. On time is late and early is on time. The bus does not wait on players. Communicate with the coaches if there is an issue.
- d.** Proper attire is required for practices and games. Wear the practice and game equipment that is provided. All school equipment will be returned at the end of the season.
- e.** Keep the locker room clean and neat. Lockers need to be locked at all times. Coaches and LDHS are not responsible for lost or stolen items.
- f.** Any athlete whose actions or misbehavior, whether on campus or off campus, reflect poorly on Lake Dallas ISD or our team, shall be disciplined at the head coach's discretion. The head coach shall determine whether the athlete's actions require consequences. The disciplinary actions which may be applied include suspension or removal from the team.

### **2. Try Outs**

- a.** Open try-outs for anyone interested in playing on the team will begin the first Monday after the Thanksgiving break. The try-out will be Monday thru Wednesday. Final roster cuts will be made after the Wednesday practice.
- b.** The JV team will roster 16-20 players(May change)
- c.** The Varsity will roster 16-20 players(May change)
- d.** Previous team placement has no bearing on the upcoming season.
- e.** All players need to attend everyday unless the absence is excused by Coach Davis

### **3. Team Selection**

- a.** Grades are the first determination. Players who are not passing will not be chosen.
- b.** Technical ability and Tactical awareness within the game.
- c.** Athleticism – Speed, Agility, Strength, and Endurance
- d.** Attitude, work ethic, practice attendance, behavior, and participation record.

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### **4. Practices**

- a.** Training must be focused and intense. This will help transition to games. Poor practice leads to poor game play.
- b.** Players that play for outside organizations are expected to participate in and attend all high school activities and practices, unless excused by Coach Davis.
- c.** Players are expected to dress out for all on field practices (even if injured).
- d.** Required after school training will begin the Monday after Thanksgiving Break. Expect to practice every day unless you are told otherwise.

### **5. Injuries and Illness**

- a.** Injuries must be reported to the Athletic Trainer. If you do not report injuries to the trainer, you are expected to train. They will determine the severity of injury and will let Coach Davis know if there are any training restrictions.
- b.** Unexcused absences from practice will not be tolerated. Contact Coach Davis or Coach Dolezalek via email if absence is unavoidable. Missed time with teammates cannot be made up.
- c.** In case of serious injury/illness, a note from the Dr. will be kept on file and you will not be allowed to train until cleared by the Dr. and Athletic Trainer.

### **6. Games and Tournaments**

- a.** Each team will have a predetermined meeting time and duties to perform on game days.
- b.** Everyone must ride the bus to and from games. Exceptions will be made on a case by case basis. Athletes may be permitted to ride home with their parents if communicated to Coach Davis or Coach Dolezalek via email prior to the bus leaving the school.
- c.** The bus ride to games will be quiet the last 15-20 minutes before arrival to allow players to focus on the upcoming game. There will be no music played over a speaker during the bus ride.

### **7. Reasons for Dismissal from the Program**

- a.** Failing a class at the end of the second grading period.(Coaches Discretion)
- b.** Behaving in any way that brings negative attention to the team or LDHS.
- c.** Exhibiting negative attitudes and comments toward teammates and coaches.
- d.** Multiple offenses of skipping practice or games without prior notice.
- e.** Having been assigned to DAEP or ISS

### **8. Parent Communication**

- a.** If an issue arises a parent is not happy with, please follow the following steps
  - i.** Meet with that coach directly during conference hours.(player present)
  - ii.** Meet with Coach Davis during conference hours.(player present)
  - iii.** Meet with AD and Principal

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The first two pages are your copy. Please sign and date this page then return it to Coach Davis.

I have read, understand, and agree to abide by the rules set forth that govern the Lake Dallas High School Girls Soccer Team. I promise to support the team and the program to the best of my abilities at all times.

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Player Name (print)

Signature

Date

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Parent Name (print)

Signature

Date